

WALLY YONAMINE FOUNDATION HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION BASEBALL STATE CHAMPIONSHIPS

DIVISION I: ICHIRO "IRON" MAEHARA STADIUM, MAUI Wednesday-Saturday, May 4-7, 2016

DIVISION II: FRANCIS WONG STADIUM, HILO Thursday-Saturday, May 5-7, 2016

WALLY YONAMINE FOUNDATION BASEBALL STATE CHAMPIONSHIPS ICHIRO "IRON" MAEHARA STADIUM, MAUI WEDNESDAY-SATURDAY, MAY 4-7, 2016 & FRANCIS WONG STADIUM, HILO THURSDAY-SATURDAY, MAY 5-7, 2016

HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION

Executive Director	Chris Chun
Associate Director	Russ Aoki
Director of Information & Marketing	Natalie Iwamoto
Asst. Director of Information	Wes Nakama
Baseball Coordinators	Glenn Nitta & Keith Morioka
Umpires Coordinator	Gary Montalbo

TOURNAMENT COMMITTEE

Host Schools	Baldwin & Konawaena High Schools
Tournament Directors	Kahai Shishido & William Trumbo
Executive Directors	Joe Balangitao (MIL) & Lyle Crozier (BIIF)
Awards Ceremony	Dean Yonamine
Rules & Appeals	Glenn Nitta, Gary Montalbo, Dean Yonamine & Chris Chun
Seeding & Pairings	Glenn Nitta, Chris Chun & league representatives
Medical Personnel	

SPECIAL THANKS

Wally Yonamine Foundation	Dean & Paul Yonamine, Wallis Yamamoto & Amy Roper
County of Maui Parks & Recreation	Jason Lopez & Kaala Buenconsejo
County of Hawaii Parks & Recreation	John Sumada

WALLY YONAMINE FOUNDATION BASEBALL STATE CHAMPIONSHIPS IRON MAEHARA STADIUM (MAUI) & WONG STADIUM (HILO) WEDNESDAY-SATURDAY, MAY 4-7, 2016

TOURNAMENT INFORMATION

I. HHSAA BASEBALL REGULATIONS

HHSAA Baseball Regulations may be found in the HHSAA Handbook section found in this packet.

II. TOURNAMENT REPRESENTATION (as of 4/1/16)

Visit <u>www.sportshigh.com</u> under the Baseball page for current tournament rep.

	Division I	Division II
OIA	6	3
ILH	2	1
BIIF	2	2
MIL	2	1
KIF	0	1
TOTAL	12	8

III. ROSTERS, TEAM PICTURES & PHOTO CAPTION

Schools with teams that <u>have secured or are in contention</u> for a tournament berth are required to submit team rosters, team photo and photo caption via e-mail to <u>roster@hhsaa.org</u> and <u>faith@clarityprining.com</u>. (All three items must be sent to both e-mail addresses.)

The official roster form can be downloaded at <u>www.sportshigh.com</u>. Only official roster forms will be accepted and the roster MUST be e-mailed to the above e-mail addresses. Please be sure to save the rosters, photos and captions with your school name (do not abbreviate, i.e. KHS, MHS, WHS, etc.). Also, please put your school name and sport in the subject line of the e-mail.

DEADLINE: Wed, April 20, 2016, NOON

IV. HEAD COACHES' PRE-TOURNAMENT MEETING

DIVISION I:

Head Coaches or their designees are <u>required</u> to meet with the tournament committee at **Iron Maehara Stadium** on **Wednesday, May 4, 2016, 9:00 a.m.** for specific tournament information and instructions.

DIVISION II:

Head Coaches or their designees are <u>required</u> to meet with the tournament committee at **Francis Wong Stadium** on **Thursday, May 5, 2016, 9:45 a.m.** for specific tournament information and instructions. (Rev. 4/29/16)

V. TOURNAMENT SCHEDULE

DIVISION I

All Games at Iron Maehara Stadium

Wednesday, May 4, 2016

Game 1	10:45 a.m.	First round game
Game 2	1:30 p.m.	First round game
Game 3	4:15 p.m.	First round game
Game 4	7:00 p.m.	First round game

Byes: Top four Seeded Champions

Thursday, May 5, 2016

Game 5	8:15 a.m.	Consolation semifinal
Game 6	10:45 a.m.	Quarterfinal game
Game 7	1:30 p.m.	Quarterfinal game
Game 8	4:15 p.m.	Quarterfinal game
Game 9	7:00 p.m.	Quarterfinal game

Friday, May 6, 2016

8:45 a.m.	Consolation semifinal
11:15 a.m.	Fifth place semifinal
1:45 p.m.	Fifth place semifinal
4:15 p.m.	Semifinal game
7:00 p.m.	Semifinal game
	11:15 a.m. 1:45 p.m. 4:15 p.m.

Saturday, May 7, 2016

Game 15	10:00 a.m.	Consolation game
Game 16	12:30 p.m.	Fifth place game
Game 17	3:00 p.m.	Third place game
Game 18	6:00 p.m.	Championship game

DIVISION II

All games at Wong Stadium

Thursday, May 5, 2016 Game 1 11:30 a.m. Quarterfinal game Quarterfinal game Game 2 2:00 p.m. Game 3 4:30 p.m. Quarterfinal game Game 4 7:00 p.m. Quarterfinal game Friday, May 6, 2016 Game 5 11:15 a.m. Consolation game Game 6 1:45 p.m. Consolation game Game 7 4:15 p.m. Semifinal game Game 8 7:00 p.m. Semifinal game Saturday, May 7, 2016

Game 9	1:30 p.m.	Consolation game
Game 10	4:00 p.m.	Third place game
Game 11	7:00 p.m.	Championship game

VI. CODE-OF-CONDUCT

- A. The coach shall have direct responsibility for the conduct of team members prior to, during and after tournament competition (in the hotel, in public, at the tournament, transportation to and from sites).
- B. The HHSAA Executive Director may establish a common curfew hour, as necessary.
- C. The drinking of alcoholic beverages, smoking, drug use, loud, unruly or destructive behavior will not be tolerated.
- D. Coaches are requested to inform their athletes of hotel rules and regulations. Please emphasize the importance of appropriate conduct and behavior and consideration for other hotel guests. Schools and students will be charged for any damages incurred by them at the hotel.
- E. It is recommended that schools inform parents regarding Code-of-Conduct in writing.

VII. STATE TOURNAMENT DISQUALIFICATION RULE

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete's or coach's league shall determine any appropriate penalty or sanction.

BASEBALL

I. SPECIFIC OBJECTIVES

- A. To select a state champion for baseball through tournament competition.
- B. To recognize the combined efforts of all participating teams and schools in the tournament.
- C. To encourage the highest principles and standards of attitude and general behavior.
- D. To emphasize the need and value of proper respect for opponents with regard to organized cheering activities.
- E. To promote the highest principles of good citizenship in tournament competitions.

II. UMPIRES

- A. Qualifications and Requirements
 - 1. All umpires must have taken the standard National Federation Examination and pass with a score of 80 or better.
 - 2. All umpires must be in good standing with the HHSAA and their respective leagues.
 - 3. See Policies and Procedures, Registration of Officials.
 - 4. All state tournament officials/umpires shall wear uniforms in accordance with their sport's NFHS rules/guidelines/recommendations. In the absence of any NFHS rules/guidelines/recommendations, the sport's HHSAA Sport Coordinator shall have the final say as to the appropriateness of a state tournament official's/umpire's uniform
- B. Selection
 - 1. Umpires shall be selected by the HHSAA Executive Director, Sport Coordinator, Tournament Director and Umpire Coordinator.
 - 2. The Umpires Committee shall schedule umpires by game number for all games in the tournament with the approval of the HHSAA Executive Director.
 - 3. The HHSAA Executive Director shall make a contract with the umpires selected, committing them to umpire in all games assigned.
 - 4. Leagues may request that their umpires work in the tournament, but they shall be responsible for umpires' expenses to the tournament.
- C. Financial Allowance
 - 1. Umpires shall be compensated in accordance with the HHSAA's current umpires' rates for all games.

III. ELIGIBILITY

Participating athletes must be eligible under the rules of their league and also under the requirements which are specified by HHSAA.

- IV. RULES GOVERNING TOURNAMENT
 - A. National Federation Baseball Rules to prevail, with HHSAA modifications as needed.
 - B. Rules for Tournament

- 1. Seven inning rule shall prevail.
- 2. The last game of the day shall be scheduled no later than 7:00 p.m. on Monday through Thursday, unless due to reasons beyond the HHSAA's control.
- 3. All pitchers who pitch on the first day will be given a bonus of one (1) to nine (9) outs that may be used only on the fourth day of the tournament. No pitcher will be allowed to pitch more than 39 outs in three consecutive days.

Explanation: In a four-day tournament, a pitcher may pitch a maximum of 48 outs but no more than 39 outs on three consecutive days.

- 4. A relief pitcher for an ejected pitcher will be considered as a substitute for an injured player.
- 5. Suspended Game: A game may resume when the game is suspended (Discretion of HHSAA Executive Director):
 - a. If less than four and one-half innings have been played; or
 - b. If a game is tied after four and one-half innings.
 - c. All championship games shall be governed by the above rule.
 - d. All consolation, 5th and 3rd place games will end after seven innings or two hours, whichever comes first. "If the game is called when the teams have not had an equal number of completed terms at bat, the score shall be the same as it was at the end of the last completed inning; except that if the home team in its half of the incomplete inning, scores a run (or runs) which equals or exceeds the opponent's score, the final score shall be as recorded when the game is called." Rule 4-2-3b

However, should a tie exist in any of the above games that have a bearing on the tournament schedule for the following day, the following steps will determine the games winner:

- 1) Hits minus errors
- 2) Total number of runner who reach base safely
- <mark>3) Coin Flip</mark>
 - (Rev 6/2015)
- 6. The ten-run rule will be in effect for all games in the tournament.
- 7. Use "hard" helmet type hat as required by the rule book.
- 8. The 60-second speed-up rule between half innings shall be in effect.
- 9. No photographer shall be allowed on the playing field during the game.
- 10. The National Federation speed-up rule for baseball shall apply: Allow a courtesy runner for the catcher and pitcher.
- 11. Host school or league must provide adequate ball chasers for every game.
- 12. All tobacco matters are prohibited before the game (locker room) and during the game (dugout and playing field). Infraction of this rule by the player(s) or coach(es) will result in ejection from the game and playing field.
- 13. Appeal Play: Follow the NF Rule book involving the appeal play.

- 14. Consolation games that are scheduled on school or other sites need not be on a time-limited basis. In case an alternate site is needed, the Executive Director shall make the necessary decision.
- 15. Bats used in the HHSAA tournament must to comply with the current NFHS Baseball Rules, including but not limited to the following:
 - a. Bats that are broken, altered or that deface the ball are illegal;
 - b. Bats that are not made of a single piece of wood shall meet the Batted Ball Coefficient of Restitution (BBCOR) performance standard, and such bats shall be labeled with a silkscreen or other permanent certification mark. No BBCOR label, sticker or decal will be accepted on any non-wood bat. The certification mark shall be rectangular, a minimum of one inch on each side and located on the barrel of the bat in any contrasting color to read: "BBCOR .50";
 - c. Each bat not made of a single piece of wood shall be: (1) 2 5/8 inches or less in diameter at thickest part; (2) 36 inches or less in length; and (3) not weigh more than 3 ounces less than the length (i.e. 33 in/30 oz); AND
 - d. Each bat made of a single piece of wood shall be 2 ¾ inches or less in diameter at the thickest part and 36 inches or less in length.
- 16. Warm-up: A fielder is allowed to warm-up to pitch during a coach's mound visit. (Rev 6/2014)

V. TOURNAMENT REPRESENTATION

- Α.
- Number of participating teams in league X Number of teams in state tournament
- B. Pac-Five teams are eligible to participate in the following HHSAA state tournaments: football, softball, boys soccer, girls soccer, canoe paddling, girls water polo, and baseball. Also, the MIL's Pac-Three football team is eligible to participate in the HHSAA state football tournament.
- C. For team-only state tournaments, a combination team shall be counted in the league representation formula as long as one of the schools in the combination team has a minimum number of players, as follows:

Volleyball – 6, Football – 11, Softball – 9, Soccer – 11, Basketball – 5, Baseball – 9, Canoe Paddling – 6, Water Polo – 7

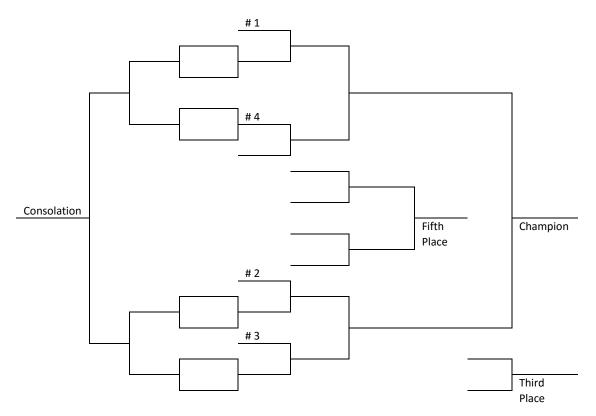
D. For team-only state tournaments, if a combination team qualifies for a state tournament, only players from one of the schools with the above-listed minimum number shall be allowed to participate in the state tournament.

VI. TOURNAMENT FORMAT

- A. The Executive Director, with any recommendation from the Sport Coordinator and Tournament Director, may reschedule the time(s) and site(s) as deemed necessary.
- B. Weather permitting, all participating teams shall be assured of at least two games.

C. The four seeded teams in the Division I and Division II quarterfinal round shall be the home team. (Rev 6/2015)

VII. TWELVE TEAM FORMAT



VIII. SIZE OF TEAM IN TOURNAMENT

Schools may bring an unlimited number of players accompanied by authorized coaches. Names of coaches, managers and players must be listed on the official team roster form.

IX. SEEDING/PAIRING

(Rev. 6/2012)

- A. Seeding/Pairings shall be done by the Tournament Seeding/Pairing Committee.
 - 1. HHSAA Executive Director, Chairperson
 - 2. Sport Coordinators
 - 3. Tournament Director
 - 4. Others as selected by the Sport Coordinator
- B. Seed the league champions.
- C. Place the league's 2nd representative in the opposite half bracket based on league champion's seed. EXAMPLE: The state's top seeded league will place their 2nd representative in the same quarter bracket as the state's 3rd seed.)
- D. Place the league's 3rd representative in the opposite quarter bracket of the league's 2nd representative.
- E. Place the league's 4th representative in the same half bracket opposite quarter bracket from league champion.
- F. Place the league's 5th representative in the same quarter bracket as the league champion. If the bracket is full, place the 5th representative in the last remaining open slot.

G. Place the league's 6th representative in the only remaining slot.

X. UNIFORMS

- A. Identical school designated uniforms for all coaches and players shall include: uniforms, caps, shirts, pants and shoes.
- B. Coaches must be in identical baseball uniforms, caps, shirts, pants, and shoes.

XI. TOURNAMENT SITE

Division II: The Division II tournament will be hosted every third year by the BIIF, rotating with the KIF, each time the MIL host the Division I tournament. (6/2013)

XII. AWARDS AND CEREMONIES

- A. Permanent team trophy for championship team.
- B. Permanent team trophy for runner-up team.
- C. 20 gold medals for the championship team members.
- D. 20 silver medals for runner-up team members.
- E. Schools may order additional medals at their own expense.

XII. TRANSPORTATION

- A. Teams shall arrange and provide for their own air transportation.
- B. Schools are responsible for their own ground transportation.

XIV. EVALUATION

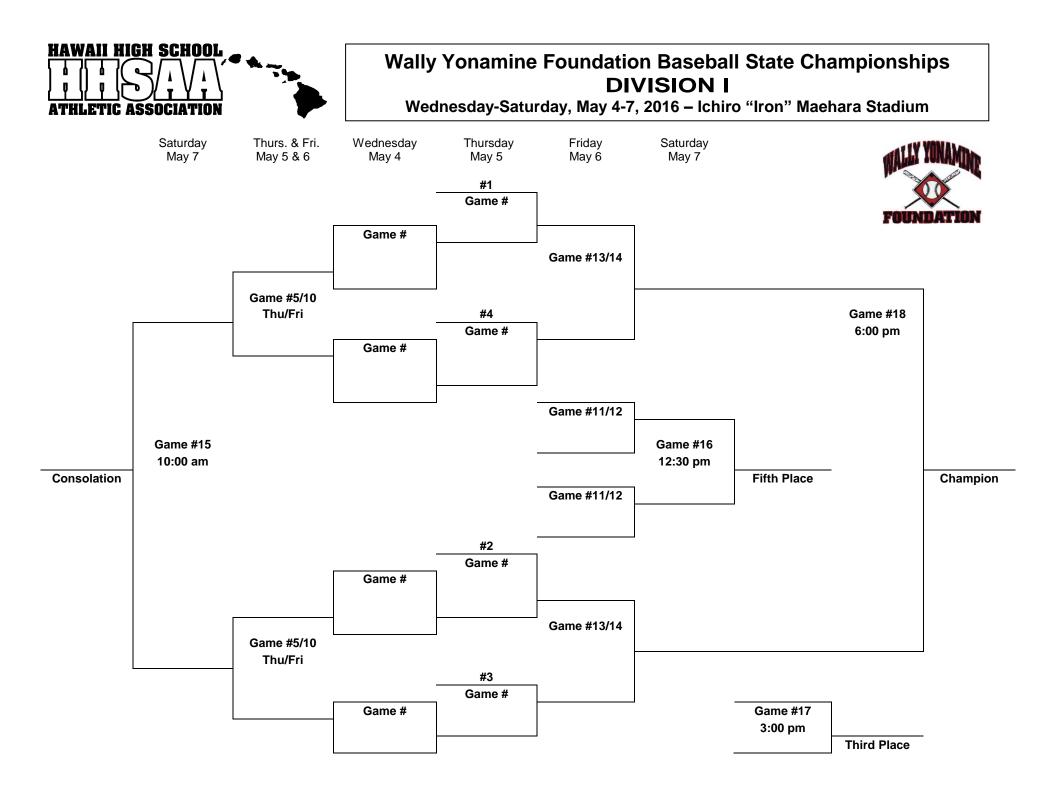
An evaluation report and tournament results shall be submitted to the HHSAA Executive Director within two weeks after the tournament.

XV. OFFICIAL BALL

The official ball shall be the Baden 3B-PPRO.

XVI. ADMISSION

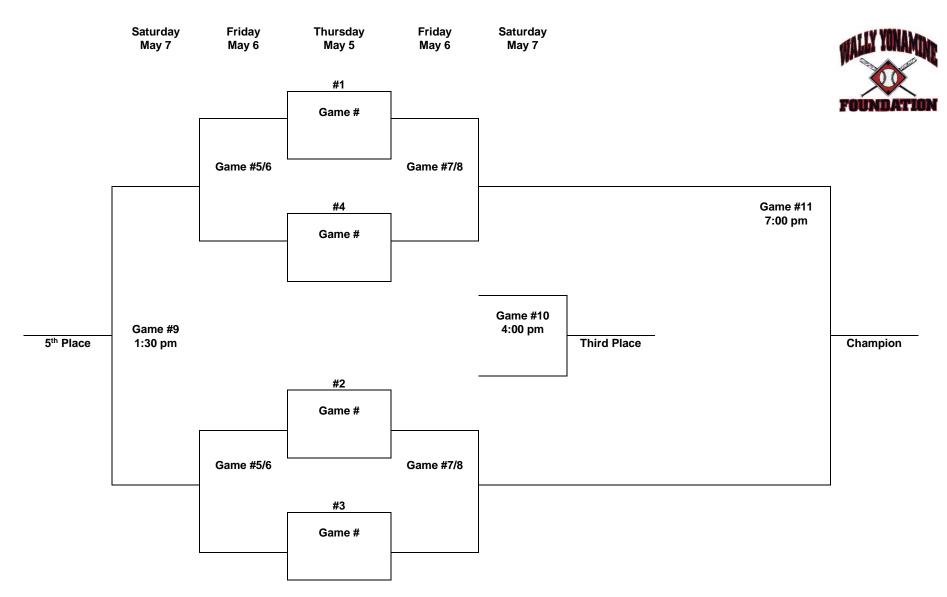
Les Murakami Stadium	
Adults	\$9.00
Senior Citizens (62 and over)	\$5.00
Students (Grades K-12)	\$5.00
<u>All other sites</u>	
Adults	\$7.00
Senior Citizens (62 and over)	\$5.00
Students (Grades K-12)	\$5.00





Wally Yonamine Foundation Baseball State Championships DIVISION II

Thursday-Saturday, May 5-7, 2016 – Francis Wong Stadium





Hawaii High School Athletic Association

• P.O. Box 62029 • Honolulu, Hawaii 96839 • Phone: (808) 800-4092

• www.sportshigh.com - info@hhsaa.org •

2016 WALLY YONAMINE FOUNDATION / HHSAA BASEBALL SOUVENIR T-SHIRT & TOURNAMENT PROGRAM PRE-ORDER FORM

School requests to order the following sizes of the

souvenir T-shirts at \$20.00 per shirt and Souvenir Tournament Programs at \$7.00.

Size	Quantity	Price	Total
Small		\$20.00	
Medium		\$20.00	
Large		\$20.00	
X-Large		\$20.00	
XX-Large		\$20.00	
Tourney Program		\$7.00	
	1	GRAND TOTAL	



Email preorders to your respective host (see below) school. Checks payable to HHSAA may be brought to the tournament site of teams first game. Note: preorders must be paid in full by first day of the tournament or shirts will be released to the general public.

DIVISION I & DIVISION 2:

Russell Aoki - HHSAA Phone: (808) 800-4092 E-mail: aoki@hhsaa.org

Contact person:

Daytime phone: _____

Email Address:

HHSAA BASEBALL CHAMPIONSHIP RECORDS

YEAR	SCHOOL	LEAGUE	COACH	RUNNER-UP	THIRD PLACE	FOURTH PLACE
1959	Baldwin	MIL	Tamotsu Omoto	Waipahu	Kauai	St. Louis
1960	Baldwin	MIL	Tamotsu Omoto	St. Louis	Leilehua & Kauai	
1961	Punahou	ILH	James Doole	Radford	Lahainaluna	Honokaa
1962*	Leilehua	OIA	Joe Matsukawa	Farrington	Hilo	Waimea
1963	Farrington	ILH	Richard Kitamura	Baldwin	Kailua	Hilo
1964	Punahou	ILH	James Doole	Waipahu	Hilo	Lahainaluna
1965	Kailua	OIA	Alex Kane	Punahou	Waimea	Baldwin
1966	Punahou	ILH	Dave Eldredge	Waipahu	Lahainaluna	Hilo
1967	Kailua	OIA	Alex Kane	Hilo	St. Louis	Baldwin
1968	Punahou	ILH	Dave Eldredge	Waipahu	Hilo	Baldwin
1969	Kailua	OIA	John Nakamura	Punahou	Waimea & Baldwin	
1970	Kalani	ILH	Herb Okamura	Waimea	Castle	Baldwin
1971	Iolani	ILH	George Fujishige	Punahou	Waimea	Kalani
1972*	Punahou	ILH	Doug Bennett	St. Louis	Kaimuki	Aiea
1973	Aiea	OIA	George Anzai	Punahou	Iolani	Waimea
1974	St. Louis	ILH	James Anderson	Aiea	Waimea	McKinley
1975	Iolani	ILH	George Fujishige	Aiea	Maui	Kapaa
1976	Aiea	OIA	George Anzai	McKinley	Iolani	Castle
1977	Iolani	ILH	George Fujishige	McKinley	Waipahu	Kaimuki
1978	Campbell	OIA	Warren Miyasaki	Kamehameha	Kapaa	Waipahu
1979	Radford	OIA	Don Kimura	Iolani	Kaiser	Castle
1980	Kamehameha	ILH	Ed Allen	Kaiser	Castle	Waipahu
1981	Kaiser	OIA	Clayton Fujie	Waipahu	Castle	St. Louis
1982	Maui	MIL	William Perry	Castle	Iolani	Kauai
1983	Iolani	ILH	Les Uyehara	Castle	Aiea	Kaiser
1984	Baldwin	MIL	Melvin Nakama	Waimea	Aiea & Molokai	
1985	Hilo	BIIF	Eugene Capellas	Roosevelt	Kamehameha	Baldwin
1986	Iolani	ILH	Les Uyehara	Baldwin	Kaiser	Hilo
1987	Kamehameha	ILH	Ed Allen	Iolani	Maui	Mililani
1988	Kamehameha	ILH	Ed Allen	Kaiser	Waianae & Punahou	
1989	Punahou	ILH	Pal Eldredge	St. Louis	Kaiser	Baldwin
1990	Mid-Pacific	ILH	Dunn Muramaru	Waianae	Kauai	Hilo
1991	Mid-Pacific	ILH	Dunn Muramaru	Waianae	Pearl City	Baldwin
1992	Mid-Pacific	ILH	Dunn Muramaru	Kamehameha	Kailua	Waiakea
1993	Kaiser	OIA	Corey Okamura	Pearl City	Mid-Pacific	Kailua
1994	Castle	OIA	Joe Tom, Jr.	Kalaheo	Punahou	Aiea
1995	Baldwin	MIL	Kahai Shishido	Mid-Pacific	Campbell	Iolani
1996	Iolani	ILH	Herb Yoshimura	Waiakea	Castle	Kauai
1997	Iolani	ILH	Dean Yonamine	Punahou	Kaiser	Maui
1998	Iolani	ILH	Dean Yonamine	Mid-Pacific	Maui	Waiakea
1999	Molokai	MIL	Ken Nakayama	Mid-Pacific	Hilo	Kauai
2000	Molokai	MIL	Ken Nakayama	Kamehameha	Kailua	Iolani
2001	Kailua	OIA	Corey Ishigo	Mid-Pacific	none	none
2002	Mid-Pacific	ILH	Dunn Muramaru	Kamehameha	Roosevelt	Kailua

HHSAA BASEBALL CHAMPIONSHIP RECORDS

YEAR	SCHOOL	LEAGUE	COACH	RUNNER-UP	THIRD PLACE	FOURTH PLACE
2003	Kamehameha	ILH	Vern Ramie	Kailua	Mid-Pacific	Waiakea
2004	Punahou	ILH	Eric Kadooka	Mid-Pacific	Waiakea	Aiea
2005	Punahou	ILH	Eric Kadooka	Kailua	Waiakea	KS-Kapalama
2006	Punahou	ILH	Eric Kadooka	KS-Kapalama	Waiakea	Castle
2007	Punahou	ILH	Eric Kadooka	Pearl City	Kaiser	KS-Hawaii

1962 Tournament - Honolulu Stadium, John Matias, Farrington High School 4 consecutive hits for home runs - 9 RBI

April 29, 1972 - Glenn Goya, Punahou School, Junior, pitched perfect game - championship game

DIVISION I STATE CHAMPIONS

YEAR	SCHOOL	LEAGUE	СОАСН	RUNNER-UP	THIRD PLACE	FOURTH PLACE
2008	Punahou	ILH	Eric Kadooka	Saint Louis	Pearl City	Maui
2009	Punahou	ILH	Eric Kadooka	Kailua	KS-Kapalama	Moanalua
2010	Punahou	ILH	Eric Kadooka	Baldwin	Mid-Pacific	St. Louis
2011	Pearl City	OIA	Mitchell Yamato	Moanalua	Cancelled	Cancelled
2012	Waiakea	BIIF	Kevin Yee	Baldwin	Hilo	Pearl City
2013	Mid-Pacific	ILH	Dunn Muramaru	Mililani	Cancelled	Cancelled
2014	St. Louis	ILH	George Gusman	Mililani	Campbell	Kailua
2015	Campbell	OIA	Rory Pico	Mid-Pacific	KS-Kapalama	Mililani

* The 2008 state tournament was the first year of the Division I/II classification and was a 12-team tournament bracket.

* The consolation games in 2011 were cancelled due to inclement weather and the championship game was moved two days later to Monday, May 9, 2011 at Les Murakami Stadium.

*Consolation games were cancelled in 2013 due to inclement weather. The D1 Championship game was moved from Iron Maehara to Les Murakami Stadium due to inclement weather.

DIVISION II STATE CHAMPIONS

YEAR	SCHOOL	LEAGUE	СОАСН	RUNNER-UP	THIRD PLACE	FOURTH PLACE
2008	Kauai	KIF	Hank Ibia	St. Anthony	Kalaheo	Molokai
2009	Maryknoll	ILH	Kevin Uyehara	Kauai	Molokai	St. Anthony
2010	Waimea	KIF	Kelly Robinson	KS-Hawaii	Hawaii Prep	St. Anthony
2011	Kauai	KIF	Hank Ibia	Pac-Five	None	None
2012	Waipahu	OIA	Milton Takenaka	Waimea	Maryknoll	KS-Hawaii
2013	Maryknoll	ILH	Randy Yamashiro	KS-Hawaii	Waianae	Molokai
2014	Maryknoll	ILH	Randy Yamashiro	KS-Hawaii	Kauai	Waianae
2015	Maryknoll	ILH	Randy Yamashiro	Aiea	Kauai	KS-Hawaii

* The 2008 state tournament was the first year of the Division I/II classification and was a 12-team tournament bracket.

* The 2010 Division II state tournament was reduced to a three-day, eight-team tournament bracket.

* The consolation games in the 2011 tournament was cancelled due to inclement weather.

NATIONAL FEDERATION OF STATE

HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

"Introduction to Pitch Smart" Course Available Through NFHS Learning Center

INDIANAPOLIS, IN (April 19, 2016) — The "Introduction to Pitch Smart" online course produced by USA Baseball has been added to the available courses through the NFHS Learning Center at <u>www.NFHSLearn.com</u>.

"Pitch Smart" is a joint arm-care initiative between USA Baseball and Major League Baseball aimed at reducing arm injuries by amateur pitchers by providing comprehensive resources for safe pitching practices.

"The health and safety of anyone who plays our game – especially those at the youth and amateur levels – are paramount, and we will continue to work alongside groups that share this mindset," said Chris Marinak, Senior Vice President, League Economics & Strategy, Major League Baseball. "USA Baseball has been a great partner in helping to establish the Pitch Smart program, and this new course represents another innovative step in our collective effort to encourage longer and healthier careers for young pitchers."

The course, which will be available free of charge, consists of three main units: "Knowing the Risk of Arm Injuries," "Common Misconceptions About Arm Injuries" and "Recommended Pitching Guidelines from the Pitch Smart Program." The course is hosted by Hall of Fame pitcher John Smoltz.

"USA Baseball has been an educational partner with the NFHS since 2012," said Rick Riccobono, Chief Development Officer at USA Baseball. "We are happy to continue our support of the NFHS and to provide invaluable resources to the high school coaching community, especially on such an important player safety initiative." After starting with two courses – *Fundamentals of Coaching* and *First Aid for Coaches* – in 2007 through the NFHS Coach Education Program, the NFHS Learning Center now offers 41 online courses – 18 of which are free – and has expanded its reach to contest officials, students and music adjudicators.

"We are pleased to be able to offer the 'Pitch Smart' course as it addresses a timely subject with regard to the health of baseball pitchers," said Dan Schuster, NFHS Director of Coach Education. "We are appreciative of the efforts of USA Baseball in developing this important online course."

Since the launch of <u>www.NFHSlearn.com</u> in 2007, the NFHS has delivered more than four million courses.

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About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 16 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.8 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS website at <u>www.nfhs.org</u>.

About USA Baseball

USA Baseball is the national governing body for the sport of baseball in the United States and is a member of the United States Olympic Committee and the World Baseball Softball Confederation. The organization selects and trains the World Baseball Classic, Premier12 and Pan Am teams (and all other USA Baseball Professional Teams); the USA Baseball Collegiate National Team; the USA Baseball 18U, 15U and 12U National Teams; and the USA Baseball Women's National Team, all of which participate in various international competitions each year. The organization is responsible for the continued proliferation and health of the sport, and leads a number of amateur initiatives including PLAYBALL and Pitch Smart. USA Baseball also presents the Golden Spikes Award annually to the top amateur baseball player in the country. For more information, please visit the organization's official websites: www.USABaseball.com, www.USABaseball.com, www.PLAYBALL.org, www.PitchSmart.org, www.GoldenSpikesAward.com and www.USABaseballShop.com.