

IMPORTANT DATES TO REMEMBER!!!

| 1. Team Page for Souvenir | MONDAY, NOVEMBER 3RD | | |
|---------------------------|--|--|--|
| Program | ALL DESIGNS MUST BE E- | | |
| | MAILED TO: | | |
| | graphicsacademy@gmail.com | | |
| | Subject: Cheerleading Program 2013 | | |
| | Please cc: HHSAACheerProgram@gmail.com | | |
| 2. Pre-Tournament Meeting | November 10, 2013 8:30 am | | |
| | Keone'ula Elementary School , Library | | |
| 3. Team Information Sheet | SUNDAY, NOVEMBER 10, 2013 | | |
| | EMAILED TO | | |
| | HHSAACHEER@GMAIL.COM | | |
| | Subject: Team Info 2013 | | |
| 4. Tournament Roster | DEADLINE: Wednesday, November 13, 2013 | | |
| 5. Team Skill Sheet | WEDNESDAY, NOVEMBER 13, 2013 | | |
| | (CHANGES CAN BE MADE AFTER THIS DATE) | | |
| | EMAILED TO | | |
| | HHSAACHEER@GMAIL.COM | | |
| | Subject: State Skil Sheet 2013 | | |



2013 Zippy's / HHSAA Cheerleading State Championships

November 16, 2013 Neal Blaisdell Center Honolulu, Hawaii

ZIPPY'S STATE CHEERLEADING CHAMPIONSHIP SATURDAY, NOVEMBER 16, 2013 NEAL BLAISDELL CENTER, HONOLULU HAWAII

HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION

| Executive Director | |
|----------------------------------|------------------------------------|
| Office Manager | Russ Aoki |
| Director of Information | |
| Asst. Director of Information | Wes Nakama |
| Cheerleading Coordinator | Joel Shugart |
| | TOURNAMENT COMMITTEE |
| Tournament Director | Joel Shugart |
| League cheerleading coordinators | |
| BIIF | |
| ILH | Jeaney Garcia, Punahou School |
| KIF | |
| MIL | |
| OIA | James Toyota, Leilehua High School |
| Medical Personnel | OIA & ILH Athletic Trainers |
| | SPECIAL THANKS |
| Zippy's | Jason Higa |
| | |
| | |

HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION STATE CHEERLEADING CHAMPIONSHIP

I. SPECIFIC OBJECTIVES

- A. To select state cheerleading champions through competition.
- B. To recognize the combined efforts of all the participating teams in the tournament.
- C. To encourage the highest principles and standards of general behavior.
- D. To emphasize respect for opponents.
- E. To promote the highest principles of sportsmanship in competition.

II. JUDGES

- A. The Hawaii State Cheerleading Judges Association (HSCJA), with the approval of the HHSAA Executive Director, shall select the championship's judges. Every effort will be made to select a "balanced" panel of judges so no one private cheer company, local collegiate program, specific gender, specific level of experience or acknowledged, "style" of cheerleading is over-represented.
- B. The judges' panel will not have any direct ties and/or relationship with any of the schools participating in the State Competition for a minimum of two (2) years.
- C. Shall be at least eighteen (18) years old with expertise in the fields of cheerleading and/or dance.
- D. The judges' panel shall consist of the following:
 - 1. Three performance judges
 - 2. One range judge
 - 3. Three safety judges
 - 4. Two timers

Note: The highest and the lowest judge's scores <u>WILL NOT</u> be dropped.

III. JUDGES DECISION

- A. The decision of the judges will be final.
- B. In case of a tie, the total points from the "cheerleading fundamentals" section on the score sheet will determine the winner. In the event that there is a second tie, the points from the "overall performance" section on the score sheet will determine the winner. In the event of a third tie, the judges will rank the teams and this will determine the winner.
- C. All final score sheets must be verified by the HHSAA Executive Director.
- D. Squads will receive official certificates indicating:
 - 1. School/squad name
 - 2. Total points earned
 - 3. The winning Score
 - 4. Final ranking of individual squad

E. Original score sheets will be given to head coaches after the state championship, when Head Coaches return their evaluation and survey of the state tournament and the processes.

IV. ELIGIBILITY

A. Each participant must be eligible under the rules of his/her league and under the eligibility requirements specified by the HHSAA.

V. RULES GOVERNING TOURNAMENT

A. The National Federation of State High School Associations' ("NFHS") Spirit Rules Book shall govern the tournament, with HHSAA modifications as necessary.

VI. TOURNAMENT REPRESENTATION

A. One-half (50%) of a league's cheerleading squads shall qualify for participation in the state tournament. With respect to any calculated league representation number ending in "0.5" (e.g., 2.5 squads), such number shall be rounded down to the nearest whole number (e.g., 2.5 squads rounded down to 2 squads).

VII. TOURNAMENT FORMAT AND SCHEDULE

A. Tournament Categories

There is no minimum of members and a maximum of 18 members per squad.

- Medium 11 or less squad members
- Large 12 to 20 squad members

*All cheerleading squads that have qualified for the state tournament shall be entered in the medium or large category based upon the size of their squad that competed in their league championship (i.e., medium -11 or less members; large -12 to 20 members).

B. Routine Specifications

- Squads shall perform one routine that incorporates both cheer and dance.
- Squads must provide a non-squad member to assist in the operation of the performance MP3.
- Any props or uniform additions/deletions must receive prior approval by the HHSAA Sport Coordinator(s) and the HHSAA Executive Director.
- If a team's routine is interrupted due to failure of the competition equipment, facilities or other factors attributable to the competition rather than the team, the team affected will be allowed to restart its routine.
- If there is a problem with the music it is the responsibility of the coach to contact the HHSAA State Cheerleading Coordinator immediately.

C. Timing

- Each team will have <u>two minutes and thirty seconds (2:30)</u> of performance time. Squads must not exceed a <u>maximum</u> of <u>one minute and thirty seconds (1:30)</u> of music and must perform a <u>minimum</u> of <u>thirty-five</u> (0:35) seconds for Cheer/Chant.
- Overall timing will begin ten seconds after they announcer introduced the team. Timing
 will end with the last organized word, movement by the team, note of music, or when
 every participant is on the ground.
- All squad participants must start their routine in the performance area with at least one foot on the ground. Following their introduction, squads may line up anywhere inside the performance area.
- All routine entrances must be limited. Tumbling out, jumps, and brief crowd motivation will be allowed. This will be timed (10 seconds), so it should be brief. No organized exits or other activities are allowed after the official ending of the routine.
- Teams must exit the performance area immediately following their routine. No organized exits or other activities are allowed after the official ending of the routine.

D. Performance Area

- All competition routines will take place within a matted 42ft. x 42ft area (7 mats). Mat panels will be placed with seams running toward the audience.
- Tournament personnel will assist teams in moving from the warm-up area to the on-deck area. Squads may not enter onto the performance area until the tournament's announcer introduces them or directed by tournament personnel.
- Each squad will be given time to enter the performances area for the purpose of placing signs, megaphones, and/or poms (i.e. "props".) Prior to the start of the routine, all props must be set down within the performance area and picked up after the conclusion of the performance. Cheerleaders may not reach outside the performance area to retrieve props during the routine. ALL "props" will start completely ON the performance area.
- Signs, megaphones, and pompons are the only props allowed; however if your team is interested in using other props please get approval from HHSAA before use. Signs cannot be used in a theatrical manner, but rather, should have words or symbols associated with school spirit and/or game situations. Signs should not be used just to decorate the performance area, or used as a "break through" for theatrical purposes.

E. Safety Rules

- All squads will be required to comply with the current NFHS Spirit Rules Book published by the National Federation of State High School Association.
- Any squad found in violation of the NFHS Spirit Rules Book or tournament's requirements will be assigned a penalty for each infraction.
- Additional Spotters: Squads will <u>not</u> be required to provide non-squad members as additional spotters for their routine. However, if squads choose to provide them, one per stunt group is preferred and spotters must be knowledgeable on squad's routine &

capable in basic spotting. Further, the spotters must comply with all NFHS & HHSAA rules during the routine.

F. Penalties (Overall Point Deductions)

- Over or under the time limit: 1 point for every 5 seconds. (i.e., 1-5 seconds over/under = 1 pt. deduction, 6-10 seconds over/under = 2 pts. deduction; therefore, 3 seconds over/under = 1 pt. deduction, 7 seconds over/under = 2 pts. deduction.)
- Not following safety regulations: 5-points/major infractions, 2-points/minor infractions.
- Any missed or dropped stunts or tumbling: 2-point/stunt group or tumbler.
- Note: <u>Deductions will be subtracted from the final score</u> and no penalties will be assessed after the routine is completed. Please refer to Safety Violation Form for specific details.

G. Schedule

The HHSAA championships will be held on a Saturday when the adequate venue is available.

VIII. SIZE OF SQUAD IN TOURNAMENT

Subject to the guidelines set forth in Section VI.A, schools may bring the following persons for complimentary admission into the state tournament: (1) competing team members and ONE alternate (must be in uniform); (2) two coaches and/or advisor; (3) two spotters **in proper attire**; (4) one performance music operator; and (5) one athletic trainer. Names of the above-listed people <u>must</u> be listed on the official tournament roster form that must be signed by the school's athletic director. All other persons must purchase a ticket for entry into the state tournament.

Each person listed on the roster will receive a pass for admission into the Neal Blaisdell Center. **ONLY the Personnel with Passes** will be allowed through team entrance, backstage, and down onto the floor. **IF THERE IS NO TEAM PASS, THERE WILL BE NO ENTERANCE INTO NEAL BLAISDELL CENTER OR INTO THE PERFORMANCE AREA.**

IX. UNIFORMS

- A. NFHS Spirit Rules shall prevail.
- B. All squads must wear official school cheerleading uniforms during the tournament. No costumes are allowed in the tournament.

X. AWARDS AND TROPHIES

- A. All scores will be announced during the awards ceremony and posted for media release.
- B. Permanent trophies for medium and large championship and runner-up teams.
- C. 20 medals for championship team members.

- D. 20 medals for runner-up team members.
- E. Additional medals may be requested at the school's expense.

XI. EVALUATION

An evaluation report and results of the tournament are to be submitted by the Sport Coordinators to the HHSAA Executive Director after the State Championship is completed. Additional comments can be emailed later.

XII. ADMISSION

| Adult | \$9.50 |
|-------------------------------|--------|
| Senior Citizens (62 and over) | \$5.50 |
| Students (Grades K-12) | \$5.50 |

^{*}Note: <u>See</u> Section VIII, above, for complimentary admission guidelines for team members and coaches.

XIII. STATE TOURNAMENT DISQUALIFICATION RULE

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete or coach's league shall determine any appropriate penalty or sanction.

STATE CHEERLEADING CHAMPIONSHIP - BASIC INFORMATION

I. TOURNAMENT SCHEDULE

A. Pre-Tournament Meeting

All head coaches or a representative of participating state tournament squads (including exhibition squads) are <u>required</u> to attend a pre-tournament meeting on **Sunday**, **November 10**, **2013**, **8:30** am, Will BE ANNOUNCED LATER. Among other things, this meeting will go over the competition details and determine the squads' order of performance.

B. Tournament Date, Location, and Time

The 2013 Zippy's Cheerleading Championship will be held on Saturday, November 16, 2013, at the Neal Blaisdale Center and begin at 2:00 pm.

C. Tournament Schedule

- 1. Check-in & Warm-up Time 8:30 a.m.
- 2. Doors open to Competitors 12:45 p.m.
- 3. Doors open to spectators -1:15 p.m.
- 4. Start of Competition 2:00 p.m.

II. JV EXHIBITION PERFORMANCES

SUBJECT TO CHANGE AND AVAILABILITY SET FORTH BY OC16.

The top THREE JV squads from the OIA, the top THREE JV squads from the ILH, and the top JV squad (1) from the BIIF, MIL, and KIF shall be eligible to participate in exhibition performances at the State Championship. Any unfilled slots shall be filled by the next highest place finishers in that league JV or Intermediate division. These exhibition squads will perform during the breaks in between the Varsity squad performances. All performing exhibition squads must comply with all applicable NFHS, HHSAA, and league rules and regulations. Exhibition coaches for eligible squads are requested to contact their league coordinators for any further information.

III. HHSAA COMMUNICATION TO LEAGUE COORDINATORS

In order to maximize communication efficiency, the HHSAA Cheerleading Coordinator will provide all State Cheerleading Championships information to each of the leagues' cheerleading coordinators. Therefore, all coaches should contact their respective league coordinators directly regarding any information or questions, and not the HHSAA's Cheerleading Coordinator.

TEAM PICTURE OF THE 2013 STATE CHEERLEADING CHAMPIONSHIP PROGRAM

The Hawai'i High School Athletic Association (HHSAA) will be putting together a souvenir program that will be sold at the 2013 HHSAA State Cheerleading Championship. Team participation is optional.

We will be creating a layout for the teams who make it to the State Competition, and we need to have a team photo to start the process. If your team makes it to the State Competition, your team will have a photo layout using the photo you submit. Please send us:

- A team photo of your cheerleading squad. Photo must be submitted in high resolution (at least 200 dpi) in jpeg format. (Anything less than 200dpi will result in a poor quality image for the program).
- A roster of the members of your cheer squad. Please list them by First Name and Last Initial.
- Your team quote, goal, etc. that you would like published with your team's photo. (Optional)
- An image of your school's logo (in high resolution, at least 200 dpi) and your school's colors.
- Seniors may submit a photo for the senior collage
- Please DO NOT include anything profane, obscene, or inappropriate.
 HHSAA reserves the right to edit entries to eliminate any inappropriate or distasteful material

All content must be e-mailed by Sunday, NOVEMBER 3rd, too:

graphicsacademy@gmail.com
Subject: Cheerleading Program
CC- HHSAACheerProgram@gmail.com

Any content received after this date *WILL NOT* be accepted! Questions regarding the design, format, etc., please contact Valerie Oka at 554-8014 or email at HHSAACheer@gmail.com; subject: Programs.

| OFFICIAL HHSAA TOURNAMENT ROSTER | SCHOOL | | |
|----------------------------------|--------|--|--|
| SPORT: CHEERLEADING | | | |

| PARTICIPANT (Last Name, | | GRADE | DATE OF BIRTH | DATE OF 1 st ENTRY TO 9 th GRADE |
|-------------------------|---------------------------|-------|--------------------|---|
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| Alternate: | | | | |
| Principal: | Athletic Director: | | Coach #1: | |
| Coach #2: | Spotter #1: | Spott | er #2: | |
| Athletic Trainer: | Performance Tane Operator | | Athletic Director' | s Signature |

SEND/FAX TO: HHSAA Office, P.O. Box 62029, Honolulu, HI 96839 Fax: 587-4496 (NEEDS to be signed) **AND EMAIL TO:** Cheer Coordinator at **HHSAACheer@gmail.com** (Does not need to be signed)

DEADLINE: Wednesday, November 13, 2013

2013 HHSAA State Cheerleading Championship Due: Sunday, NOVEMBER 10, 2013 OR SOONER

Bring to meeting, or e-mail: $\underline{\textit{HHSAACheer@gmail.com}}$

2013 Team Information Sheet **School Name:** Name of Coach (es): Name of Captain(s): **School Colors: School Mascot:** Current cheer awards/titles (w/in last 2 years): **Squad Motto:** Unusual or interesting fact about team or team member:

TEAM SKILLS SHEET

Please list all skills in order of your performance (Motions, Dance, Jumps, etc....)

| Skill | Description of Skill | Target Range |
|-------|----------------------|--------------|
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Email to HHSAACheer@gmail.com Due: Wednesday, NOVEMBER 13, 2013

2013 Zippy's State Cheerleading Championship Evaluation EMAIL TO: Joel Shugart at HHSAACheer@gmail.com after the Championships

| School Name: |
|--|
| How was your state championship experience? |
| |
| |
| Did you think the facilities were adequate for the 2012 Zippy's State Cheerleading Championship? |
| |
| |
| Was the check-in process smooth? |
| |
| |
| Was the event staff knowledgeable, respectful, and on-task? |
| |
| |
| Did you fine the schedule of the days evens easy to follow? |
| |
| |
| Did your team have enough time to warm-up before your performance? |
| |
| |
| What is one thing that would have been helpful to know before the competition? |
| |
| |
| Please share any suggestions that you would like HHSAA (not the HHCJA) to consider for next year state championship? |
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