



Zippy's
2021 Cheerleading State Championships
December 18, 2021
Neal Blaisdell Center
Honolulu, Hawaii



ZIPPY'S
 HHSAA CHEERLEADING STATE CHAMPIONSHIPS
 SATURDAY, DECEMBER 18, 2021

HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION

Executive DirectorChris Chun
 Associate Director Russ Aoki
 Director of Information & Marketing..... Natalie Iwamoto
 NFHS Spirit Rules Committee, Section 7 Representative..... Taryn Kumamoto

LEAGUE REPRESENTATIVES

Big Island Interscholastic FederationLyle Crozier, Executive Director
Kellye Krug, Coordinator (Konawaena)
 Interscholastic League of Honolulu..... Blane Gaison, Executive Director
 Eddie Maruyama, Coordinator ('Iolani)
 Kauai Interscholastic Federation Erik Burkman, Executive Director
 Keli'i Morgado, Coordinator (Kauai)
 Maui Interscholastic League.....Joseph Balangitao, Executive Director
Daven Andrada, Coordinator (Hana)
 Oahu Interscholastic Association Raymond Fujino, Executive Director
 Nolan Tokuda, Coordinator (Leilehua)

TOURNAMENT COMMITTEE & SPECIAL THANKS

Hawaii State Cheerleading Judges Association Candice Kamai
 Master of Ceremonies..... Tony Silva
 Technical sound..... Burt Udan
 Athletic Trainers.....Cynthia Shimoda (Moanalua) & OIA Athletic Trainers
 Special assistance provided by 'Iolani School, Kamehameha Schools,
 Pac-Five Athletics & Leilehua High School
 Zippy's..... Jeanine Mamiya-Kalahiki, Marketing Manager
 Neal Blaisdell Center.....Mary E. Lewis, Customer Services Division
Thomas Herman, Marketing and Sales Manager
 Elizabeth Ishihara and Eric Chiu, Productions Managers

ZIPPY'S
HHSAA CHEERLEADING STATE CHAMPIONSHIPS
COMPETITION INFORMATION

I. TOURNAMENT SCHEDULE

A. Pre-Tournament Meeting

All head coaches of participating squads are **required** to attend a pre-competition meeting on **Monday, December 13, 6:00 p.m., via Zoom**. Registration for the meeting will be at the following Google Forms link:

<https://bit.ly/21HHSAAcheer>

B. Tournament Date, Location, and Time

The HHSAA Cheerleading State Championships will be held on Saturday, Dec. 18, 2021, 12:00 p.m. at the Neal S. Blaisdell Arena in Honolulu (subject to change).

C. Event Schedule (subject to change)

9:00-10:00 am	Team check-in (assigned time)
10:00-11:30 am	Arena warm-up / sound check (assigned time)
11:45 am-1:05 pm	Warm-ups in Hawaii suites (assigned time)
12:00-1:30 pm	Competition
1:45 pm	Award presentation

II. LEAGUE REPRESENTATION

OIA =	8
ILH =	3
BIIF =	2
MIL =	2
KIF =	1
TOTAL =	16

III. RANGING

Video of your performance along with the team skills sheet with ranges must be sent to the Hawaii State Cheerleading Judges Association by **Saturday, Dec. 11**. The video file, or a link to the video if using a file sharing service such as Dropbox or Google Drive, must be emailed to hawaiistatecheer@gmail.com.

IV. COVID-19 VACCINATION / TESTING REQUIREMENT FOR HHSAA STATE EVENTS

In order to participate in a state tournament event, student-athletes and coaches must comply with one of the following:

1. Fully vaccinated*
2. Present a negative antigen or PCR COVID-19 test taken through a CLIA certified laboratory or under an approved CLIA Certificate of Waiver within 72 hours of the contest (home based tests will not be accepted); OR
3. Following a COVID-19 diagnosis, present a written documentation from their medical provider that includes: (1) at least 10 days have passed from the date of the first positive test; (2) the student-athlete remains asymptomatic and without known exposure to COVID-19; AND attesting that the student-athlete is medically cleared.

*Fully vaccinated = 2 weeks following either: 2 doses of Moderna or Pfizer vaccine; or 1 dose of Johnson and Johnson vaccine.

III. FACE MASKS

Cheerleaders competing in the state meet are not required to wear face masks during warm-ups and competition. However, they must wear face masks that cover their nose and mouth at all other times while indoors in accordance with State and City & County mandates. Coaches, support staff, reserve cheerleaders and spectators must wear masks at all times while indoors.

IV. HHSAA COMMUNICATION TO LEAGUE COORDINATORS

In order to maximize communication efficiency, the HHSAA Cheerleading Coordinator will provide all State Cheerleading Championships information to each of the leagues' cheerleading coordinators. Therefore, all coaches should contact their respective league coordinators directly regarding any information or questions, and not the HHSAA's Cheerleading Coordinator.

V. POINTS OF EMPHASIS

A. Sportsmanship

NFHS Spirit Rule 2-2 on sportsmanship will be strictly enforced.

Any incident that draws attention to noteworthy citizenship (good or bad), will be reported to the HHSAA and corresponding league within 48 hours of occurrence. Unsportsmanlike infractions include, but are not limited to, incidence of crowd disturbance, undesirable behavior, entering restricted areas such as judges' meeting rooms or the judging area, or disparaging posts on social media.

B. Judges' decision

Per HHSAA Cheerleading Handbook rule III-A, the decision of the judges is final.

C. Spectator regulations

Spectators must be fully vaccinated (two weeks following the second dose of either Pfizer or Moderna vaccine, or two weeks following the Johnson & Johnson vaccine). Spectators must show proof of vaccination along with a government issued ID for verification.

Spectators must wear a face mask that covers the nose and mouth at all times while indoors. Failure to comply with these regulations will result in the immediate removal of the individual(s) and a possible future ban from all future HHSAA events.

VI. TELEVISION COVERAGE

There are no plans for television coverage at this time. Charter Communications is the exclusive rights holder for all HHSAA state championships and live streaming of the competition is strictly prohibited without the expressed written consent of Charter Communications / Spectrum OC16.

COACHES CHECKLIST

- Completed **roster form** with signed COVID-19 vaccination attestation statement; emailed to roster@hhsaa.org by Friday, Dec. 10 (head coach to verify with athletic director)
- HHSAA liability waiver form** completed by each participating student-athlete and alternate. Emailed to roster@hhsaa.org by Friday, Dec. 10.
- Music waiver form** completed by athletic director and head coach. Emailed to roster@hhsaa.org by Friday, Dec. 10
- Coaches meeting registration - <https://bit.ly/21HHSAAcheer>
- Video** of performance and **skill sheet** emailed to HSCJA by Saturday Dec. 11, noon – hawaiiistatecheer@gmail.com
- T-shirt order form e-mailed to Pac-Five Athletics – carrington@ilhsports.com \$

CHEERLEADING

I. SPECIFIC OBJECTIVES

- A. To select state cheerleading champions through competition.
- B. To recognize the combined efforts of all the participating teams in the tournament.
- C. To encourage the highest principles and standards of general behavior.
- D. To emphasize respect for opponents.
- E. To promote the highest principles of sportsmanship in competition.

II. JUDGES

- A. The Hawaii State Cheerleading Judges Association (HSCJA), with the approval of the HHSAA Executive Director, shall select the championship's judges. Every effort will be made to select a "balanced" panel of judges so no one private cheer company, local collegiate program, specific gender, specific level of experience or acknowledged "style" of cheerleading is over-represented.
- B. The judges' panel will not have any direct ties and/or relationship with any of the schools participating in the State Competition for a minimum of three (3) years.
- C. Shall be at least eighteen (18) years old with expertise in the fields of cheerleading and/or dance.
- D. The judges' panel shall consist of the following:
 - 1. Three performance judges
 - 2. One range judge
 - 3. Three safety judges
 - 4. Two timers

Note: The highest and the lowest judge's scores WILL NOT be dropped.

- E. Scoring Procedures – If range or safety rating is changed during warm-ups or performance, judges need to inform head coach immediately following warm-ups or performance. (Rev 6/2017)

III. JUDGES DECISION

- A. The decision of the judges will be final.
- B. In case of a tie, the total points from the "cheerleading fundamentals" section on the score sheet will determine the winner. In the event that there is a second tie, the total points from the "overall performance" section on the score sheet will determine the winner. In the event of a third tie, the judges will rank the teams and this will determine the winner.
- C. All final score sheets must be verified by the HHSAA Executive Director.
- D. Squads will receive official certificates indicating:
 - 1. School/squad name
 - 2. Total points earned
 - 3. The winning Score
 - 4. Final ranking of individual squad
- E. Original score sheets will be mailed out on the next business day following the state championships.

IV. ELIGIBILITY

- A. Each participant must be eligible under the rules of his/her league and under the eligibility requirements specified by the HHSAA.

V. RULES GOVERNING TOURNAMENT

- A. The National Federation of State High School Associations' ("NFHS") Spirit Rules Book shall govern the tournament, with HHSAA modifications as necessary.
- B. The HHSAA observes the ACAA and NFHS cheerleading rules, specifically to the "No Double Down Ruling."
- C. The HHSAA observes the ACAA cheerleading rules, specifically, all tosses prohibited for all Elementary, Middle School, and Junior High cheerleading teams.

VI. TOURNAMENT REPRESENTATION

- A. One-half (50%) of a league's cheerleading squads shall qualify for participation in the state tournament. With respect to any calculated league representation number ending in "0.5" (e.g., 2.5 squads), such number shall be rounded down to the nearest whole number (e.g., 2.5 squads rounded down to 2 squads).

VII. TOURNAMENT FORMAT AND SCHEDULE

A. Tournament Categories

There is no minimum of members and a maximum of 20 members per squad.

Medium – 11 or less squad members
Large – 12 to 20 squad members

All cheerleading squads that have qualified for the state tournament shall be entered in the medium or large category based upon the size of their squad that competed in their league championship (i.e., medium – 11 or less members; large – 12 to 20 members).

- B. The performance order will be determined by seeding based on league championship scores. (Rev 6/2015)

C. Routine Specifications

1. Squads shall perform one routine that incorporates both cheer and dance.
2. Squads must provide a non-squad member to assist in the operation of the performance .
3. Any props or uniform additions/deletions must receive prior approval by the HHSAA Cheerleading Coordinator(s) and the HHSAA Executive Director.
4. **All participating teams (competing and exhibition) must provide CHEER MUSIC COPYRIGHT WAIVER.**
5. If a team's routine is interrupted due to failure of the competition equipment, facilities or other factors attributable to the competition rather than the team, the team affected will be allowed to restart its routine.
6. If there is a problem with the music it is the responsibility of the coach to contact the HHSAA State Cheerleading Coordinator immediately.

D. Timing

1. Each team will have **two minutes and thirty seconds (2:30)** of performance time. Squads must not exceed a **maximum of one minute and thirty seconds (1:30)** of music and must perform a **minimum of thirty-five (0:35)** seconds for Cheer/Chant.
2. Overall timing will begin ten seconds after they announcer introduced the team and says,

“ _____ the floor is yours.”
(Insert School Name)

Or

When the first uniform movement, words, or first note of music, while on the performance mat. Which ever happens first.

3. Timing will end with the last organized word, movement, or note of music by the team.
4. All squad participants must start their routine in the performance area with at least one foot on the ground. Following their introduction, squads may line up anywhere inside the performance area.
5. All routine entrances must be limited. Tumbling out, jumps, and brief crowd motivation will be allowed. This will be timed (10 seconds), so it should be brief. No organized exits or other activities are allowed after the official ending of the routine.
6. Teams must exit the performance area immediately following their routine. No organized exits or other activities are allowed after the official ending of the routine.

Teams are permitted too:

- Test your music volume level before the team is introduced. (HIGHLY RECOMMENDED)
- Place their signs, poms and/or props on the competition surface after the team before them or before their introduction.

E. Performance Area

1. All competition routines will take place within a matted 42ft. x 42ft area (7 mats). Mat panels will be placed with seams running toward the audience.
2. Tournament personnel will assist teams in moving from the warm-up area to the on-deck area. Squads may not enter onto the performance area until the tournament’s announcer introduces them or directed by tournament personnel.
3. Each squad will be given time to enter the performances area for the purpose of placing signs, megaphones, and/or poms (i.e. “props”.) Prior to the start of the routine, all props must be set down within the performance area and picked up after the conclusion of the performance. Cheerleaders may not reach outside the performance area to retrieve props during the routine. ALL “props” will start completely ON the performance area.
4. Signs, megaphones, and pompons are the only props allowed; however if your team is interested in using other props please get approval from HHSAA before use. Signs cannot be used in a theatrical manner, but rather, should have words or symbols associated with school spirit and/or game situations. Signs should not be used just to decorate the performance area, or used as a “break through” for theatrical purposes.

F. Safety Rules

1. All squads will be required to comply with the current NFHS Spirit Rules Book published by the National Federation of State High School Association.
2. Any squad found in violation of the NFHS Spirit Rules Book or tournament’s requirements will be assigned a penalty for each infraction.

3. Additional Spotters: Squads will not be required to provide non-squad members as additional spotters for their routine. However, if squads choose to provide them, one per stunt group is preferred and spotters must be knowledgeable on squad's routine & capable in basic spotting. Further, the spotters must comply with all NFHS & HHSAA rules during the routine.
4. Cheerleading coaches are required to attain the AACCA Spirit Safety Certification and a yearly review of the current NFHS safety guidelines as administered by the HHSAA cheerleading coordinator. (Rev. 6/2012)

G. Penalties (Overall Point Deductions)

1. Over or under the time limit: 1 point for every 5 seconds. (i.e., 1-5 seconds over/under = 1 pt deduction, 6-10 seconds over/under = 2 pts. deduction; therefore, 3 seconds over/under = 1 pt deduction, 7 seconds over/under = 2 pts. deduction.)
2. Not following safety regulations: 5 points/major infraction, 2 points/minor infraction.
3. Any fallen/dropped stunts or tumbling: 2-point/stunt group or tumbler.
4. Note: Deductions will be subtracted from the final score and no penalties will be assessed after the routine is completed. Please refer to Safety Violation Form for specific details.

H. Schedule

The HHSAA championships will be held on a Saturday when the adequate venue is available.

VIII. SIZE OF SQUAD IN TOURNAMENT

Subject to the guidelines set forth in Section VI.A, schools may bring the following persons for complimentary admission into the state tournament: (1) competing team members and ONE alternate (must be in uniform); (2) two coaches and/or advisor; (3) two spotters **in proper attire**; (4) one performance music operator; and (5) one athletic trainer. Names of the above-listed people must be listed on the official tournament roster form that must be signed by the school's athletic director. All other persons must purchase a ticket for entry into the state tournament.

Each person listed on the roster will be stamped for admission into the tournament venue. **ONLY the Personnel that have been stamped** will be allowed down onto the floor. **IF THERE IS NO stamp, THERE WILL BE NO ENTERANCE INTO THE TOURNAMENT VENUE OR INTO THE PERFORMANCE AREA.**

IX. UNIFORMS

- A. NFHS Spirit Rules shall prevail.
- B. All squads must wear official school cheerleading uniforms during the tournament. No costumes are allowed in the tournament.

X. AWARDS AND TROPHIES

- A. All scores will be announced during the awards ceremony and posted for media release.
- B. Permanent trophies for medium and large championship and runner-up teams.
- C. 20 medals for championship team members.
- D. 20 medals for runner-up team members.
- E. Additional medals may be requested at the school's expense.

XI. EVALUATION

An evaluation report and results of the tournament are to be submitted by the Sport Coordinators to the HHSAA Executive Director within two weeks after the tournament.

XII. ADMISSION

Adult	\$9.50
Senior Citizens (62 and over)	\$5.50
Students (Grades K-12)	\$5.50

*Note: See Section VIII., above, for complimentary admission guidelines for team members and coaches.

XIII. STATE TOURNAMENT DISQUALIFICATION RULE

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete's or coach's league shall determine any appropriate penalty or sanction.



Hawaii High School Athletic Association

P.O. Box 11419, Honolulu, Hawaii 96828

Phone: (808) 800-4029

www.sportshigh.com | info@hhsaa.org

Instagram & Twitter: @HHSAAsports

**2021 ZIPPY'S / HHSAA CHEERLEADING STATE CHAMPIONSHIPS
SOUVENIR T-SHIRT PRE-ORDER FORM**

_____ School requests to order the following sizes of the souvenir Drifit T-shirts at \$20.00 per shirt.

Size	Quantity	Price	Total
Small		\$20.00	
Medium		\$20.00	
Large		\$20.00	
X-Large		\$20.00	
XX-Large		\$20.00	
		GRAND TOTAL	



Email preorders to your respective host (see below) school. Checks payable to HHSAA may be brought to the tournament site.

TOURNAMENT HOST:

Colleen Carrington – Athletic Administrator

Pac-Five Athletics

E-mail: carrington@ilhports.com

Contact person: _____

Daytime phone: _____

Email Address: _____