

## JUDO

### I. SPECIFIC OBJECTIVES

- A. To determine the state individual and team championships.
- B. To promote interest in judo on the part of students, school, and community.
- C. To promote individual, team, school, and spectator citizenship.

### II. OFFICIALS

#### A. Selection and Assignments

- 1. Officials may be selected from all participating leagues. Names of qualified officials may be sent to the HHSAA Executive Director by a league's Executive Secretary or his/her representative.
- 2. Selection and assignment of officials shall be made by the HHSAA Executive Director and HHSAA Sport Coordinator.
- 3. There shall be one judge and two referees for each match.

#### B. Financial Allowance

- 1. Referees and judges shall be paid based upon HHSAA rates.
- 2. HHSAA rate: \$3.00 per match

### III. ELIGIBILITY (SEE HHSAA HANDBOOK)

### IV. RULES GOVERNING THE TOURNAMENT

- A. The Contest Rules of the International Judo Federation ("IJF"), except as modified herein, shall govern all matches.
- B. Coaches are reminded to instruct their athletes of the tournament venue's regulations and to abide by these regulations.
- C. The NFHS Wrestling Rules 4-2-3 through 4-2-5 shall apply to situations involving communicable skin diseases or any other skin condition.

ART. 3... If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from an appropriate health-care professional stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated, on-site meet appropriate health-care professional is present and is able to examine the wrestler immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate. (See NFHS Communicable Disease Procedures in Appendix D on page 87)

ART. 4... If a designated, on-site meet appropriate health-care professional is present, he/she may overrule the diagnosis of the appropriate health-care professional signing the medical release form for a wrestler to participate or not participate with a particular skin condition.

ART. 5... A contestant may have documentation from an appropriate health-care professional only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid for the duration of the season. It is valid with the understanding that a chronic condition could become secondarily infected and may require re-evaluation.

Also, the HHSAA's "Physician Release for Athlete to Participate With Skin Lesion(s)" shall be utilized as appropriate. See attached.

D. The teams are required to bring their own blue belts to the state tournament.

V. TOURNAMENT FORMAT

A. Type of tournament – Modified double-elimination, held on one day. All contestants losing in the championship rounds will move into the consolation rounds.

B. There shall be a maximum of 16 entries in each weight classification. Each school is allowed up to two (2) entries in each weight class. The scorer from the school (when there is more than one participant from a school in a given weight class) shall be the higher finisher from that school in the weight class.

C. The 10 Boys weight classifications are:

- |             |              |
|-------------|--------------|
| 1. 108 lbs. | 6. 161 lbs.  |
| 2. 114 lbs. | 7. 178 lbs.  |
| 3. 121 lbs. | 8. 198 lbs.  |
| 4. 132 lbs. | 9. 220 lbs.  |
| 5. 145 lbs. | 10. 285 lbs. |

The 10 Girls weight classifications are:

- |             |              |
|-------------|--------------|
| 1. 98 lbs.  | 6. 129 lbs.  |
| 2. 103 lbs. | 7. 139 lbs.  |
| 3. 109 lbs. | 8. 154 lbs.  |
| 4. 115 lbs. | 9. 172 lbs.  |
| 5. 122 lbs. | 10. 220 lbs. |

D. Scoring

1. Individual Match Scoring

10 points – win by *ippon* or equivalent

7 points – win by *wazari* or equivalent

5 points – win by *yuko* or equivalent

Note: All cancelled out points shall not count in the individual match score. For example, if Contestant A scores a wazari, and Contestant B also scores a wazari, but Contestant A also scores a yuko before the end of the match, Contestant A's team gets five points, as the wazaris cancel each other out.

2. Team Scoring

For team scoring purposes, the following points shall be awarded per each weight class:

- 1<sup>st</sup> Place – 16 points
- 2<sup>nd</sup> Place – 12 points
- 3<sup>rd</sup> Place – 9 points
- 4<sup>th</sup> Place – 7 points
- 5<sup>th</sup> Place – 5 points
- 6<sup>th</sup> Place – 3 points

Note: A school that enters two participants in a weight class does not have to designate one of the two participants for scoring purposes prior to the start of the tournament. The participant who is the higher finisher shall automatically be counted for team scoring purposes.

#### E. Weigh-In

1. Coaches from at least two different schools shall conduct the official weigh-in.
2. Two certified scales shall be available at the tournament site during weigh-in.
3. Male contestants shall strip to underwear, shorts, or less, and shall weigh-in barefooted. Female contestants shall wear a bathing suit or t-shirt and shorts or less and be barefooted.
4. During weigh-in, the actual weight of the contestant shall be written on the weigh-in sheet. The contestant's first and last name shall be clearly printed.
5. All participants must weigh-in between one and one-half (1 ½) hours to one-half (1/2) hour prior to the start of the tournament.
6. All contestants shall be present in and remain in the designated weigh-in area at the time established by the meet administration. Contestants shall not leave the designated weigh-in area unless permission is granted by the meet administration. The weigh-in shall proceed through the weight classes beginning with the lowest weight class and end immediately upon completion of the highest weight class. A contestant shall weigh in only for one weight class during the weigh-in period. If only one scale is available, a contestant may step on and off that scale two times to allow for mechanical inconsistencies in the scale. If multiple scales are available, a contestant may step on and off the first scale two times to allow for mechanical inconsistencies in that scale. If the contestant fails to make weight on the first scale, the contestant shall immediately step on each available scale one time in an attempt to make weight. During time off the scale(s), activities that promote dehydration are prohibited.

#### F. Tournament Site

1. Unless otherwise agreed upon between the OIA and ILH, the hosting of the HHSAA State Judo Tournament shall be rotated as follows: OIA-ILH
2. The HHSAA Executive Director shall select the tournament site.

#### G. Length of Matches

1. All winners bracket matches shall be four minutes, including the 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> place matches. (Rev. 6/2012)
2. Unless otherwise noted, all consolation bracket matches shall be three minutes.
3. All 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> place matches shall be five minutes.
4. Sudden-death overtime will be implemented in the case of a tie at the end of the regulation. The first contestant who scores the first point in overtime shall be declared the winner. (Rev. 6/2013)

#### H. Penalties

1. Technical *hansoku make* involves a violation of technique and includes, but is not limited to, failure to comply with proper uniform (see Section VI. Uniform)
  - a. Contestant shall be allowed to continue to participate in the tournament.
  - b. Bridging while in *osaekomi* (press for score): When the contestant is on top of his/her opponent for *newaza* or *osaekomi* and his/her opponent who is on her/her back over-bridges (neck past vertical-acute angle with body), which places the opponent in a dangerous position, the opponent will be first warned. A second infraction will be a technical *hansoku make*.
2. Unsportsmanlike Conduct

- a. Misconduct involves physical or non-physical acts and can occur before, during or after a match. It includes, but is not limited to such acts as failure to comply with the direction of the officials, swearing, taunting, intimidation, baiting an opponent, throwing items, spitting and clearing of nasal passages in other than the proper receptacle, indicating displeasure with a call, and failure to comply with end of match procedures. Continuing acts of unsportsmanlike conduct shall be construed as flagrant misconduct.
    - 1) Three points shall be deducted from the team score for each unsportsmanlike conduct violation.
    - 2) Contestant shall be allowed to continue to participate in the tournament. However, upon receipt of a second unsportsmanlike conduct penalty, the contestant shall not be allowed to participate for the rest of the day.
  
  - b. Flagrant misconduct involves physical or non-physical acts and they can occur before, during or after a match and is any act considered by an official to be serious enough to disqualify a contestant from the match and any additional competition. It is not limited to striking, butting, elbowing, kicking, slapping, shoving, biting, use of tobacco products, and extreme and loud displays of displeasure or conduct unbecoming of the sport.
    - 1) If a contestant who places in the top six in his/her weight class is disqualified from the tournament due to flagrant misconduct, he/she will lose his/her place finish, award, and all points earned. This lost place finish shall remain unfilled for both place finish and point scoring purposes. Three points shall be deducted from the team score for a flagrant misconduct violation.
    - 2) The team for which a coach is charged with flagrant misconduct shall have five team points deducted from the school's team score, and shall be required to immediately leave the competition area for the duration of the event.
    - 3) Coaches are not allowed to step on the mat while coaching or protesting. Any violation may result in a disqualification from the tournament.
  
  - c. Flagrant *hansoku make* occurs during a match and disqualifies a contestant from competition, awards and points and includes, but not limited to, performance of reckless actions, intentionally butting, elbowing, kicking, slapping, shoving, and/or biting which may cause injury or significant intimidation.
    - 1) Contestant shall not be allowed to continue to participate in the tournament.
    - 2) Choke holds, arm locks or arm bars are illegal.
    - 3) If a contestant who places in the top six in his/her weight class is disqualified from the tournament due to flagrant *hansoku make*, he/she will lose his/her place finish, award, and all points earned. This lost place finish shall remain unfilled for both place finish and point scoring purposes.
    - 4) The team for which a contestant is charged with flagrant *hansoku make* shall have three team points deducted from the school's team score.
  
  - d. Non-compliance condition: The contestant will be given two minutes to correct a non-compliance condition. Failure to meet the two-minute deadline will result in a *shido* plus a *shido* for every two minutes thereafter.
3. Misconduct
- a. After the conclusion of a match, contestants or coaches who display displeasure or conduct themselves in a manner unbecoming of the sport shall be warned for the first offense. A second offense shall result in disqualification from the tournament. The disqualified person must immediately leave the premises for the duration of the tournament.

- b. Flagrant misconduct, such as the use of profanity, punching, kicking, biting, head butting, displaying extreme displeasure, etc., shall result in immediate disqualification from the tournament. The disqualified person must immediately leave the premises for the duration of the tournament.
  - c. Coaches are not allowed to step on the mat while coaching or protesting. Any violation may result in a disqualification from the tournament.
  - d. Flagrant hansoku make disqualifies a contestant from competition, medals and points. Performance of reckless actions i.e. intentionally kicking, slapping, shoving, which could cause injury or intimidation would be regarded as flagrant hansoku make.
4. The penalty for all attacks or blocking with one or two hands or with one or two arms below the belt in *Tachiwaza* will be one *shido* for the first offense, and technical *hansoku make* for the second offense. (Rev. 6/2013)

I. Protest Procedure

1. There shall be an appeals committee for the HHSAA judo state championships, which will consist of three members – the tournament director, the HHSAA judo coordinator and the head official.
2. Coaches may submit appeals for matters of procedure or misapplication of the rules and not for the matters of judgment. If the coach protests a judgment call, he/she will be subject to the rules governing misconduct.
3. The protest procedure shall operate as follows:
  - a. Coach shall approach the scoring table and ask the match be stopped at the earliest possible moment.
  - b. Coaches will submit their appeal to the referee.
  - c. The referee will consult with the other presiding referees for a decision.
  - d. If the coach is not satisfied with the judgement, he/she should notify the lead referee, who will then consult with the head official and/or the judo coordinator, who will form an appeals committee.
  - e. Coaches may submit appeals at the time of the match and up until the judoka departs from the mat.
  - f. The next match will not begin until the appeal has been decided.
4. The appeals committee shall render a decision to the official and the coach.
5. The decision of the appeals committee shall be final and not subject to any appeal. The appeal shall be documented and kept by the judo coordinator.

J. Bench and Bench Conduct

1. One coach shall be allowed to coach from his/her designated seat.
2. The referee has the discretion to warn or eject a coach, contestant, or spectator who is interfering with a match.

K. Safety Area

1. When the required safety area on a mat (three meters' width) cannot be met, a minimum width of two meters may be used.

2. When the two meter safety area is used, the following edge of the mat rules shall be applied:
  - a. When more than half the body of one contestant is outside the competition area in *newaza* or mat work position.

L. Time Outs

1. Blood Time Out

- a. There shall be a total of four minutes to attend to all blood injuries per contestant during a match. Athletic trainers may attend to the blood injury as many times as allowed in the four minutes. Any clean-up of the mat and/or *gi* shall not be included in the four minutes. Nose plugs are allowed to be used during matches.

2. Injury Time Out

- a. There shall be a total of two minutes per injury for the evaluation of an injured athlete.
- b. A maximum of two visits by an athletic trainer per athlete during a match shall be allowed. On the third visit, the athlete shall forfeit the match.
- c. The final decision as to whether an injured contestant shall continue to compete in his/her match shall be made by the attending athletic trainer.

M. Entries

- a. League slots are determined by the HHSAA league representation formula: # of participating schools in the league divided by the # of participating schools in the State, then multiplied by # of slots per weight class.

$$\frac{\text{\# of Participating Teams in League}}{\text{\# of Participating Teams in State}} \times \text{\# of Slots Per Weight Class}$$

- b. Each league shall determine the method of selecting their entries subject to the limitations of contestants allocated to their league per weight class.
- c. The deadline for entries shall be 8:00 a.m. on the Sunday prior to the tournament.
- d. All contestants must compete in the weight division through which they qualified in their league championship.
- e. Alternates
  - i. If a contestant who qualified for the state tournament is unable to participate, the contestant's league shall be allowed to enter an alternate contestant as a replacement.
  - ii. However, if the contestant's league is unable to fill the open slot with a replacement, the unfilled slot shall be filled by a random drawing of the other leagues' alternate contestants.

VI. UNIFORM

- A. The judo *gi* shall be white or off-white and conform to IJF rules in all other aspects.
- B. Long Hair: A contestant will be allowed an unlimited amount of time to re-tie his/her hair.

VII. SIZE OF TRAVELING TEAMS

Schools may bring an unlimited number of contestants accompanied by authorized coaches. Names of contestants, coaches, and team managers must be listed on the official tournament roster forms.

VIII. SEEDING COMMITTEE

A. The Seeding Committee shall consist of:

1. HHSAA executive director
2. HHSAA judo coordinator
3. A representative from each league
4. Any other personnel selected by the HHSAA judo coordinator and approved by the HHSAA executive director

B. The Seeding Committee shall be responsible for all seeding procedures.

1. The first-place finisher from each league will be seeded by the committee based on the past finishes in previous HHSAA tournaments at the same weight class. (Rev. 6/2012)
2. The champion and runner-up from the same league shall be placed in opposite brackets.
3. The HHSAA Seeding Committee shall have the flexibility to adjust the seeding procedures if any discrepancies arise.

IX. AWARDS AND TROPHIES

- A. Permanent trophy for the championship team.
- B. Permanent trophy for the runner-up team.
- C. 12 medals for the championship team.
- D. Medals for the top six places in each weight classification.

X. TOURNAMENT EVALUATION

The HHSAA Sport Coordinator and Tournament Director shall submit an evaluation report and tournament results to the HHSAA Executive Director within two weeks after the tournament.

XI. ADMISSION

General Admission	\$9.00
Senior Citizens (62 and over)	\$5.00
Students (Grades K-12)	\$5.00

Contestants, coaches, and team managers must be listed on their school's Official Tournament Roster for complimentary admission to the tournament. With respect to contestants, only tournament contestants will be allowed into the tournament venue for free. In other words, anyone who competed in the regular season but did not qualify for the state tournament will not be allowed into the tournament for free.