



Zippy's
2023 Cheerleading State Championships
Monday, November 6, 2023 - 6:00pm
Stan Sheriff Center
Honolulu, Hawaii



2023 ZIPPY’S / HHSAA CHEERLEADING STATE CHAMPIONSHIPS

HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION

Executive DirectorChris Chun
 Associate Director Russ Aoki
 Director of Information / Cheerleading Administrator Natalie Iwamoto
 Cheerleading Coordinator..... Taryn Kumamoto

LEAGUE REPRESENTATIVES

Big Island Interscholastic FederationLyle Crozier, Executive Director
Kellye Krug, Coordinator (Konawaena)
 Interscholastic League of Honolulu..... Blane Gaison, Executive Director
 Eddie Maruyama, Coordinator (‘Iolani)
 Kauai Interscholastic Federation Erik Burkman, Executive Director
 Keli‘i Morgado, Coordinator (Kauai)
 Maui Interscholastic League..... Joseph Balangitao, Executive Director
 Devon Andrada, Coordinator (Hana)
 Oahu Interscholastic Association Raymond Fujino, Executive Director
 Nolan Tokuda, Coordinator (Leilehua)

TOURNAMENT COMMITTEE & SPECIAL THANKS

Host leagues..... Interscholastic League of Honolulu & Oahu Interscholastic Association
 Officials HHSAA State Cheerleading Judges
 Tabulators.....Rick Williams, Alex Obra, Larisa Gadach
 Technical sound..... Burt Udan
 Interactive Media-Live Stream.....’Iolani Schools, John Tamanaha, commentator, Kellie O’Donnell
 Athletic Trainers Cynthia Shimoda & OIA Athletic Trainers
 Check In Team.....Kamehameha Schools Varsity Cheer Team
 Zippy’s Restaurants Jeanine Mamiya-Kalahiki, Marketing Manager
 University of Hawaii at Manoa..... Craig Angelos, Athletics Director
 Teri Wilhelm Chang, Asst. Athletics Director, Facilities/Events
 Richard Sheriff, Arena Manager
 Walter Watanabe, Ticket Manager

ZIPPY'S
2023 HHSAA CHEERLEADING STATE CHAMPIONSHIPS
COMPETITION INFORMATION

I. TOURNAMENT SCHEDULE

A. Pre-Tournament Meeting

All head coaches of participating squads are required to attend a pre-competition virtual meeting on Sunday, October 29th at 9:00 a.m. Zoom link is provided below:

<https://us02web.zoom.us/j/87990998570?pwd=bUIVYW1FeTAzaVhPNmJ5UUZvYmk5QT09>

Topics of Discussion include the following:

- Entrance for Athletes & Coaches
- Judging Panel
- Performance Order
- Check-In Protocol
- Arena Sound Check
- Warm-Up Protocol
- Coaches/Alternates Preferential Seating
- HHSAA Spotter Confirmation
- Awards Ceremony Protocol

B. Tournament Date, Location, & Time

The HHSAA Cheerleading State Championships will be held on:
Monday, November 6th, 2023, 6:00 p.m.
University of Hawai'i at Manoa in Honolulu
Stan Sheriff Center on the athletics lower campus

C. Event Schedule (*subject to change*)

3:00-3:45 pm	Team Check-In (<i>assigned time</i>)
3:45-5:00 pm	Arena Warm-Up / Sound Check (<i>assigned time</i>)
5:40 -7:00 pm	Warm-Ups in Gym 2 or Studio 3 (<i>assigned time</i>)
6:00-8:00 pm	Competition
	Award Ceremony (to follow competition)

II. LEAGUE REPRESENTATION

OIA	=	8
ILH	=	3
BIIF	=	4
MIL	=	1
KIF	=	1
TOTAL	=	17

III. TEAM SKILLS SHEETS

The official 12-page HHSAA Skills Sheet must be completed and emailed to both the Cheer Coordinator and the HSCJA by **Friday, November 3rd at 3:00 p.m.**

Taryn Kumamoto (tarynkumamoto@gmail.com)

HSCJA- (hawaiistatecheer@gmail.com)

Failure to do so will result in a zero for Stunt Difficulty, Pyramid Difficulty, Standing Tumbling Difficulty, Running Tumbling, Difficulty, and Jump Difficulty sections of the respective team's score sheet.

IV. USA CHEER MUSIC LICENSE

A copy of the team's official USA Music Producer License must be emailed to the Cheer Coordinator, Taryn Kumamoto (tarynkumamoto@gmail.com) by **Friday, November 3rd at 3:00 p.m.** Failure to do so will result in a team not being permitted to use music during the tournament performance.

V. POINTS OF EMPHASIS

A. Sportsmanship

1. The NFHS Spirit Rule 2.2.1 on sportsmanship will be strictly enforced during the entire tournament. Any incident that draws attention to noteworthy citizenship (good or bad), will be reported to the HHSAA and corresponding league within 48 hours of occurrence. Unsportsmanlike infractions include, but are not limited to, incidence of crowd disturbance, undesirable behavior, entering restricted areas such as judges' meeting rooms or the judging area, and/or disparaging posts on social media.
2. Social Media Community Guidelines: Positive support from family, friends and fans by posting fun, happy, group/individual bonding of the event(s) are encouraged. HHSAA will not condone the inappropriate use of social media to display attacking, harassing and/or verbal bullying to any individual, coach, team, parent or assistant. Any misappropriate video uploads or verbal language found on any social media platforms must be emailed to the respective league AD with proof (ex: screenshot of the conduct) and the nature of the concern. League AD and HHSAA Executive Director will work together to review concerns and determine any appropriate sanction.

B. Judges' Decision

Per the HHSAA Cheerleading Handbook Rule III-A, the decision of the judges is final.

C. Spectator Regulations

During team performances, only the following are permitted to be in the lower front section of the arena floor. Up to:

- One head coach, assistant coaches (must be certified coaches with USA Cheer Safety & Risk Management certificate) and one music person (who does not need to be cheer certified)
- Two alternates in full uniform

- JV/Inter/Sideline Team in uniform top or wearing team shirt that identifies them with the performing team. *Detailed information forthcoming on logistics of getting to arena floor.

Anyone not in the categories above must remain in the upper section of the arena or where fans are located and are not allowed to be on the competition floor.

VI. COACHES CHECKLIST

- Official roster completed by the Head Coach and athletic director and emailed to roster@hhsaa.org by **Friday, November 3rd at 3:00 p.m.**
- Complete 12-page *HHSAA Skills Sheet*; emailed to both State Coordinator and HSCJA tarynkumamoto@gmail.com and hawaiiistatecheer@gmail.com by **Friday, November 3rd at 3:00 p.m.**
- Copy of USA Cheer Music License and copy of all certified coaches' NFHS/USA Cheer Safety & Risk Management Certification; emailed to tarynkumamoto@gmail.com by **Friday, November 3rd at 3:00 p.m.**
- T-shirt order form e-mailed to HHSAA – aoki@hhsaa.org by **Wednesday, November 1st at 12pm.**

CHEERLEADING

I. SPECIFIC OBJECTIVES

- A. To select state cheerleading champions through competition.
- B. To recognize the combined efforts of all the participating teams in the tournament.
- C. To encourage the highest principles and standards of general behavior.
- D. To emphasize respect for opponents.
- E. To promote the highest principles of sportsmanship in competition.

II. JUDGES

- A. All judges must be impartial and will not have any direct ties and/or relationship with any of the schools participating in the State Competition for a minimum of three (3) years.
- B. The judges' panel shall consist of the following:
 - 1. Building skills judge for stunting, pyramid
 - 2. Building execution judge
 - 3. Tumbling & jumps judge for standing tumbling, running tumbling, and jumps
 - 4. Tumbling & jumps judge for execution
 - 5. Overall judge for dance, showmanship, formations, transitions and creativity
 - 6. Cheer judge for prop usage, ability to lead the crowd, voice/flow of words
 - 7. Cheer judge for use of skills to lead the crowd and execution.
 - 8. Up to three safety judges
 - 9. Head Judge
 - 10. Timer
 - 11. Video recorder
- C. Shall be at least eighteen (18) years old with expertise in the fields of cheerleading and/or dance.

III. JUDGES DECISION

- A. The decision of the judges will be final.
- B. In case of a tie, refer to the current season's cheer rubric for tie breaking procedures.
- C. All final score sheets must be verified by the HHSAA Executive Director.

IV. ELIGIBILITY

- A. Each participant must be eligible under the rules of his/her league and under the eligibility requirements specified by the HHSAA.

V. RULES GOVERNING TOURNAMENT

The National Federation of State High School Associations' ("NFHS") Spirit Rules Book shall govern the tournament, with HHSAA and USA Cheer modifications as necessary.

VI. TOURNAMENT REPRESENTATION

- A. One-half (50%) of a league's cheerleading squads shall qualify for participation in the state tournament. With respect to any calculated league representation number ending in "0.5" (e.g., 2.5 squads), such number shall be rounded down to the nearest whole number (e.g., 2.5 squads rounded down to 2 squads).

VII. TOURNAMENT FORMAT

A. Tournament Divisions

All Girl: teams composed solely of females

Coed: teams with a combination of male(s) and females

- B. The performance order will be determined by seeding based on the division of league championship scores. (Rev 6/2015)

C. Routine Specifications

1. Squads shall perform one routine that incorporates both cheer and dance.
2. Squads must provide a non-squad member to assist in the operation of the performance music.
3. All participating teams (competing and exhibition) must provide CHEER MUSIC LICENSING CERTIFICATE (Rev. 6/2022).
4. If a team's routine is interrupted due to failure of the competition equipment, facilities or other factors attributable to the competition rather than the team, the team affected will be allowed to restart its routine.
5. If there is a problem with the music, it is the responsibility of the coach to contact the HHSAA State Cheerleading Coordinator immediately.

D. Timing

1. Each team will have two minutes and thirty seconds (2:30) of performance time. Squads must not exceed a maximum of one minute and forty-five seconds (1:45) of music.
2. The first uniform movement, words, or first note of music, while on the performance mat will begin the overall time.
3. Timing will end with the last organized word, movement, or note of music by the team.

4. All squad participants must start their routine in the performance area with at least one foot on the ground. Following their introduction, squads may line up anywhere inside the performance area.
5. All routine entrances must be limited. Tumbling out, jumps, and brief crowd motivation will not be allowed. This should be brief.
6. Teams must exit the performance area immediately following their routine. No organized exits or other activities are allowed after the official ending of the routine.

E. Performance Area

1. All competition routines will take place within a matted 54ft. x 42ft area (9 mat panels). Mat panels will be placed with seams running toward the audience.
2. Tournament personnel will assist teams in moving from the warm-up area to the on-deck area. Squads may not enter onto the performance area until the tournament's announcer introduces them or directed by tournament personnel.
3. Once a team's name is called, the team may then enter the floor and set up all props. Props must immediately be picked up after the conclusion of the performance.
4. Signs, megaphones, poms, and flags are the only props allowed; however if your team is interested in using other props please get approval from HHSAA before use. Signs cannot be used in a theatrical manner, but rather, should have words or symbols associated with school spirit and/or game situations. Signs should not be used just to decorate the performance area.

F. Safety Rules

1. All squads will be required to comply with the current NFHS Spirit Rules Book published by the National Federation of State High School Association.
2. Any squad found in violation of the NFHS Spirit Rules Book or tournament's requirements will be assigned a penalty for each infraction.
3. Additional Spotters: Squads will not be required to provide non-squad members as additional spotters for their routine. However, if squads choose to provide them, one per stunt group is preferred and spotters must be knowledgeable on squad's routine & capable in basic spotting. Further, the spotters must comply with all NFHS & HHSAA rules during the routine.
4. Cheerleading coaches are required to attain the NFHS/USA Cheer Safety & Risk Management Certification in addition to a yearly review of the current NFHS safety guidelines as administered by the HHSAA cheerleading coordinator. (Rev. 6/2012)

VIII. SIZE OF SQUAD IN TOURNAMENT

Subject to the guidelines set forth in Section VI.A, schools may bring the following persons for complimentary admission into the state tournament: competing team members and two alternates (must be in uniform); certified head coach, certified assistant coach(s); one performance music operator (does not need to be certified); and one athletic trainer. Names of the above-listed people must be listed on the official tournament roster form that must be signed by the school's athletic director. All other people must purchase a ticket for entry into the state tournament.

Only persons listed on the roster will be permitted in the warm-up areas and in front of the competition floor during the performance. For this year, we will allow JV/Inter/Sideline or a Varsity team to show support for the performing team and to sit on the arena floor as we have done in past years. They must wear a team shirt or uniform top to be identified.

IX. UNIFORMS

- A. NFHS Spirit Rules shall prevail.
- B. All squads must wear official school cheerleading uniforms during the tournament. No costumes are allowed in the tournament.

X. AWARDS AND TROPHIES

- A. All scores will be announced during the awards ceremony.
- B. Permanent trophies for the All Girl Division and the Coed Division champions and runner-up teams.
- C. 20 medals for championship team members.
- D. 20 medals for runner-up team members.
- E. Additional medals may be requested at the school's expense.

XI. STATE TOURNAMENT DISQUALIFICATION RULE

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete's or coach's league shall determine any appropriate penalty or sanction.



Hawaii High School Athletic Association

P.O. BOX 11419, Honolulu, Hawaii 96828

Phone: (808) 800-4029

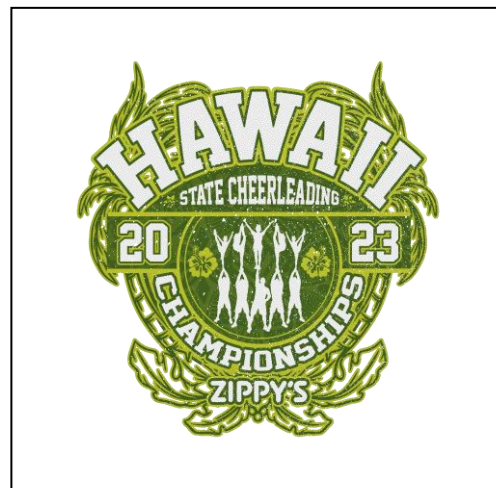
www.sportshigh.com | info@hhsaa.org

Instagram & Twitter: @HHSAAsports

**2023 ZIPPY'S / HHSAA CHEERLEADING STATE CHAMPIONSHIPS
SOUVENIR T-SHIRT PRE-ORDER FORM**

_____ School requests to order the following sizes of the
souvenir Drifit T-shirts at \$20.00 per shirt.

Size	Quantity	Price	Total
Small		\$20.00	
Medium		\$20.00	
Large		\$20.00	
X-Large		\$20.00	
XX-Large		\$20.00	
		GRAND TOTAL	



Email preorders to aoki@hhsaa.org. Checks payable to HHSAA may be brought to the state championship tournament site.

TOURNAMENT HOST:

Russell Aoki – HHSAA

E-mail: aoki@hhsaa.org

Contact person: _____

Daytime phone: _____

Email Address: _____